

Dog First-Aid Emergency Sheet

Keep one copy at home and one in the car.

Owner: _____ Dog: _____ Date: _____

Emergency contacts

Complete these before an emergency.

■	Usual vet: _____ Phone: _____
■	Out-of-hours vet: _____ Phone: _____
■	Nearest emergency clinic: _____
■	Insurance policy: _____
■	Dog's medication and conditions: _____

The first minute

Stay calm, protect yourself from fear-related biting, move away from traffic or other hazards only when safe, and phone the vet early.

■	Check responsiveness and breathing
■	Control severe external bleeding with firm direct pressure
■	Keep movement minimal if spinal injury or major trauma is possible
■	Take the product/package after suspected poisoning
■	Follow veterinary instructions during transport

Do not

Well-meant improvisation can make an emergency worse.

■	Do not give human painkillers
---	-------------------------------

■	Do not induce vomiting unless a veterinary professional directs you
■	Do not force food or water into an unconscious or struggling dog
■	Do not delay a vet call while searching online
■	Do not wrap an overheated dog in a wet towel

Heatstroke

Move the dog into shade, start cooling with cold tap water while keeping water away from the nose and mouth, create airflow, contact the vet and continue cooling during transport. Heatstroke is an emergency.

Important: This sheet is not a first-aid qualification or a substitute for a vet. Call your veterinary practice or emergency clinic immediately when a dog is seriously unwell or injured.

Prepared by Conor Dwyer • Canine Maverick • Sláinte, Conor