

Your Puppy's First 30 Days

A calm setup, toilet routine, socialisation and training planner.

Owner: _____ Dog: _____ Date: _____

Before arrival

Reduce the chaos before the puppy walks through the door.

■	Register with a vet
■	Microchip details and insurance organised
■	Secure sleeping area and baby gates ready
■	Food matched to the puppy's current diet
■	Collar, tag, harness and lead checked for fit
■	Household rules agreed

Daily rhythm

Puppies need sleep, frequent toilet trips and short positive learning sessions. Overtired puppies often look wild rather than sleepy.

■	Toilet after waking, food, drink, play and excitement
■	Reward outdoor toileting immediately
■	Three one-minute training games
■	Several protected naps
■	Gentle handling paired with food
■	One safe new experience at the puppy's pace

Socialisation record

A good experience is one the puppy can process. Distance and choice matter more than ticking boxes.

■	Different friendly people
■	Household sounds at a comfortable volume
■	Surfaces: grass, gravel, metal, carpet
■	Calm vaccinated dogs selected carefully
■	Car travel in a secure restraint
■	Grooming tools and veterinary-style handling
■	Watching traffic, bicycles and livestock from a safe distance

Week-by-week notes

Week 1: _____

Week 2: _____

Week 3: _____

Week 4: _____

Important: Follow your vet's vaccination and disease-risk advice. Never force a frightened puppy into an interaction for the sake of socialisation.

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