



ALL UK TERRITORIES

XL Bully Muzzle Training and Fit Diary

A progressive, fillable diary for basket-muzzle fit, voluntary nose entry, fastening, movement and real-life practice without rushing the dog.

WHY THIS EXISTS

Fastening a muzzle is not the same as training comfortable wear. Written criteria reduce the temptation to jump from one successful repetition to a full walk.

Start with the identity record

DOG NAME

MUZZLE MODEL / SIZE

PANT ROOM / FIT NOTES

REWARD USED

Use it in two ways

Digital: type into the blue fields, save a dated copy and share only the pages another person needs.

Print: use A4 at 100%, complete it during the real routine and replace superseded personal-data pages.



Working details

CURRENT COMFORTABLE STAGE

TYPICAL SESSION LENGTH

COMFORT SIGNS OBSERVED

NEXT SMALL STEP

Only tick what you physically checked

☐

Full pant possible

☐

Drinking possible

☐

Rewards pass safely

☐

Eyes unobstructed

☐

No nose rubbing

☐

Cannot be pulled off

☐

Voluntary nose entry

☐

Straps conditioned gradually

ACTION I OWN NEXT



Use it before the decision becomes urgent

Each prompt explains the circumstance and the practical job this asset should do.

1

The dog avoids seeing the muzzle

Begin with the muzzle stationary at a distance where the dog can eat and disengage; do not lure the dog into feeling trapped.

2

Nose entry is easy but straps are not

Train strap touch and clip sounds separately, then combine them for a fraction of a second.

3

The dog paws at it

End calmly, check fit and shorten the next repetition; persistent pawing is information, not disobedience.

4

The muzzle rubs

Stop use, examine the skin and reassess model, size and positioning before continuing.

5

The dog cannot fully pant

Do not use that fit for routine walking. Choose a suitable basket depth and obtain fitting help.

6

A carer needs the same routine

Share the last successful stage and reward method so the carer does not restart by fastening too quickly.

7

Emergency use is unavoidable

Prioritise immediate safety, then keep necessary emergency handling separate from the gradual confidence plan.

8

Progress stalls

Review session length, reward value, environment and fit, and involve a qualified professional if fear persists.



Digital workflow

- 1 Save one dated copy per muzzle model or size.
- 2 Record observable behaviour and seconds, not vague scores alone.
- 3 Attach photos only in your private storage, not to public posts.
- 4 Share the latest successful stage with every handler.

Print workflow

- 1 Print at 100% on A4.
- 2 Keep the diary with rewards but away from moisture.
- 3 Use one row per short session.
- 4 Circle the last comfortable stage before another carer practises.

IMPORTANT BOUNDARY

Do not leave a muzzled dog unattended. A muzzle must not restrict breathing or cooling, and it does not replace distance, management or behaviour support.

Official sources to check

Dogs Trust - muzzle training

<https://www.dogstrust.org.uk/dog-advice/training/outdoors/muzzle-training>

MY NEXT REVIEW DATE

Review after any change, incident, official update or handover.